

<i>Flatwork</i>	<i>Date taught</i>	<i>Date revised</i>	<i>Date revised</i>
Balance exercises at the halt and walk.			
Walk and trot on a long rein.			
Ride with reins in either hand.			
Alter stirrups and tighten girth whilst mounted. (<i>CIP ruling is that the rider must be able to show how to alter their girth, but does not have to actually do it.</i>)			
Mount and dismount from either side (a mounting block may be used).			
Know and use correct diagonal.			
Recognise leading leg at canter.			
Canter on a nominated leading leg.			
Walk and trot without stirrups.			
Sitting trot for short periods. (<i>pommel of saddle may be used at times to re-establish position.</i>)			
Change directions at all paces.			
Increase and decrease pace.			
Hold and use a short whip correctly.			
Gallop.			
Show proficiency in mounted games.			
Knowledge of paces and footfalls.			
Know the natural aids and their correct use.			
Know rules and traffic signals when riding on roads.			

<i>Horsemastership</i>	<i>Date taught</i>	<i>Date revised</i>	<i>Date revised</i>
Care and fit of saddle and bridle.			
Parts of saddlery and uses.			
How to rug a quiet horse.			
Fit, use and care of rugs.			
Elementary knowledge of shoeing and care of the feet.			
Explain the use of farrier's tools.			
Tie a pony up with a headcollar.			
Prepare a horse for travel, including bandaging.			
Points of the horse, colours and markings.			
Measure the height of a horse.			
Describe what to look for when choosing a paddock for your horse.			

<i>General Knowledge</i>	<i>Date taught</i>	<i>Date revised</i>	<i>Date revised</i>
Know the names of Pony Club Zone personnel.			

<i>Jumping</i>	<i>Date taught</i>	<i>Date revised</i>	<i>Date revised</i>
Jumping fences 45 cm to 75 cm in height.			
Jumping spreads (width not less than height).			
Jumping combinations with a minimum of one non-jumping stride			
The rider must be able to trot a 20 m circle, on each rein, over a small cross bar.			
The rider must have basic knowledge of how to walk a showjumping course and why.			
The rider must ride in forward jumping position over fences.			
The rider must negotiate a small showjumping course in a safe manner.			
The rider must present the horse with a straight approach to each fence.			
The rider must allow the horse freedom to round over the fence by adequately allowing with the hands over the fence (<i>correctly fitted neckstraps are recommended</i>).			
Riding over varied terrain, including some cross-country obstacles.			

<i>Veterinary</i>	<i>Date taught</i>	<i>Date revised</i>	<i>Date revised</i>
Prevention and treatment of girthgall, sore back, sore mouth.			
Prevention of tetanus.			
Worm and bot control. (Knowledge of particular worms is not required).			
Care of teeth and the reason why they need attention.			
Basic first aid kit.			
When to call the Veterinarian.			
Identify lameness, stone in the foot, minor wounds.			
Identify swelling and heat in the leg or foot.			
Identify common causes of injuries.			
Identify greasy heel.			
Identify seedy toe.			
Identify laminitis – cause and prevention.			
Identify cold, colic and strangles.			
Grooming and washing.			
Recognise health and condition.			
Outline a daily feeding and watering routine.			
Preparation for a Pony Club camp.			

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"C" CERTIFICATE TRAINING CHECKLIST

Name: _____

Club: _____